

# Implant



## Get to know the Implant

This tiny, flexible rod gets inserted under the skin of your upper arm and works for years. After you get it, you don't have to think about it...it just works. You can get it removed whenever you want.

## How does it work?

It releases progestin, a hormone that keep your ovaries from releasing eggs (no eggs, no pregnancy) and thickens your cervical mucus which blocks sperm.

## Will it hurt?

Some people may experience an "ouch moment" during insertion and your arm may be sore or bruised for a day or two.

## Are there side effects?

There is unpredictable bleeding with the implant which can change over time.

## What people like

Once in, it's totally invisible and you can only feel it if you press on it. Most women don't even notice it's there.